



Helsana

Committed to life.

Health insurance
at a glance




Committed to your insurance protection.

Supplementary outpatient insurance

TOP

Additional cover: you can extend your outpatient insurance cover.




helsana.ch/en/top

-  Spectacle lenses and contact lenses CHF 150 per year
-  Ambulance costs in Switzerland and abroad
-  Emergency treatment abroad

SANA

You can add alternative treatments to your outpatient insurance cover.




helsana.ch/en/sana

-  Complementary medicine
-  Prevention and preventive medical care 75%
-  Health promotion and fitness

COMPLETA

Complete cover: you can round out your outpatient insurance cover.




helsana.ch/en/completa







-  Spectacle lenses and contact lenses CHF 300 per year
-  Prevention and preventive medical care 90%
-  Complementary medicine

PRIMEO

You are privately insured for outpatient procedures.

helsana.ch/en/primeo

-  Free choice of doctor, more comfort, better service
-  Exclusive check-ups
-  Contributions towards medical innovations

Outpatient treatment		
Coverage abroad	Full cover in an emergency/planned treatment abroad is not covered* Reimbursement of treatment abroad for illness requiring emergency treatment, return transport to Switzerland, rescue services and transportation 	
Spectacle lenses and contact lenses	90%, max. CHF 150 per year* Contributions to spectacle lenses, contact lenses and visual aids 	
Medication	90% of the costs for medically prescribed medication not covered by statutory health insurance**	75% of the costs for complementary medicine
Medical aids	90% of the costs, up to CHF 1,000 per year For medically prescribed aids and equipment such as hearing aids, blood pressure monitors, shoe inserts, etc.	
Transport and rescue in Switzerland	Max. CHF 100,000 per year* Contributions to rescue, recovery and emergency transport in Switzerland 	
Special forms of treatment	75%, max. CHF 3,000 per year** Non-medical psychotherapy provided by a recognised psychotherapist, sterilisation, vasectomy, etc.	
Correction of misaligned teeth	75%, max. CHF 10,000 per year** Cost contributions up to the age of 20 (e.g. for braces), no limit on tax point value	
Legal expenses cover in health matters and legal expenses cover abroad	Payment of costs up to CHF 250,000 per legal case For private and Internet legal expenses, see page 15 Helsana Advocare PLUS and Helsana Advocare EXTRA	
Prevention		75%, max. CHF 500 per year* Contributions to preventive medical care such as vaccinations, cardiovascular check-ups, ultrasound examinations, smoking cessation and examinations for the early detection of cancer 
Health promotion		75%, max. CHF 500 per year, max. CHF 200 per area: • Fitness (course and gym memberships) • Back/body exercise courses • Courses offered by Helsana cooperation partners (e.g. relaxation and nutrition courses) • Pregnancy (pregnancy and postnatal gymnastics) 
Complementary medicine		Outpatient: 75% of costs Inpatient: 100%, max. CHF 5,000 per year* Contributions to alternative remedies and treatment methods recognised by Helsana, if medically necessary, such as osteopathy, kinesiology, medical massage 

*partial coverage under basic insurance for this benefit/**no coverage under basic insurance for this benefit

	90%, by non-contract medical practitioners (not including psychotherapy)	
	Full cover in an emergency* Reimbursement of treatment abroad for illness requiring emergency treatment, return transport to Switzerland, rescue services and transportation For scheduled outpatient treatment: 90%, max. CHF 1,000 per year 	
	90%, max. CHF 300/year* Contributions to spectacle lenses, contact lenses, visual aids 	
	90% of the costs for medically prescribed medication not covered by statutory health insurance** 75% of the costs for complementary medicine	
	90% of the costs, up to CHF 1,500 per year For medically prescribed aids and equipment such as hearing aids, blood pressure monitors, shoe inserts, etc.	
	Max. CHF 100,000 per year* Contributions to rescue, recovery and emergency transport in Switzerland 	
	75%, max. CHF 4,500 per year** Non-medical psychotherapy provided by a recognised psychotherapist, sterilisation, vasectomy, etc.	
	75%, max. CHF 10,000 per year** Cost contributions up to the age of 20 (e.g. for braces)	
	Payment of costs up to CHF 250,000 per legal case For private and Internet legal expenses, see page 15 Helsana Advocare PLUS and Helsana Advocare EXTRA	
	90%, max. CHF 750 per year* Contributions to preventive medical care such as vaccinations, cardiovascular check-ups, ultrasound examinations, smoking cessation and examinations for the early detection of cancer 	
	75%, max. CHF 500 per year, max. CHF 200 per area: • Fitness (course and gym memberships) • Back/body exercise courses • Courses offered by Helsana cooperation partners (e.g. relaxation and nutrition courses) • Pregnancy (pregnancy and postnatal gymnastics) 	
	Outpatient: 75% of costs Inpatient: 100%, max. CHF 5,000 per year* Contributions to alternative remedies and treatment methods recognised by Helsana, such as osteopathy, kinesiology and medical massage 	
	<ul style="list-style-type: none"> • Free choice of doctor: full cover at recognised institutions (professors, senior consultants, consultants)  • Comfort benefits during outpatient treatment: private post-op recovery area, meals, drinks, Internet, newspapers, free parking or taxi home 	
	For scheduled outpatient treatment, after approval of the costs	
	Max. CHF 5,000 per year for the costs of aids and equipment that exceed the benefits covered by basic insurance	
	CHF 500 per year e.g. for public transport, taxi, private vehicles	
	90%, max. CHF 5,000 per year Innovative types of treatment and diagnosis, e.g. various genetic tests 	
	Check-ups CHF 1,700 every 3 years Exclusive check-up packages covering such things as exercise, sport, nutrition and stress reduction 	
	Discounts offered under supplementary outpatient insurance 	
	Family discount 5% for two people/10% for three people or more	
	Multi-year discount 3% on a three-year contract/5% on a five-year contract	
	PRIMEO combination discount 20% discount when combined with HOSPITAL Semi-Private 30% discount when combined with HOSPITAL Private	





Do you have any questions or would you like a personal consultation?

You can call us direct on 0844 80 81 82.

We look forward to discussing your needs with you in person.



You can find further information at

www.helsana.ch



Would you like a personal consultation in your area?

Visit us at an office close to you. The addresses of our 22 general agencies and

19 sales centres can be found at: www.helsana.ch/en/contact

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