

PRIMEO – innovative diagnostic and treatment forms

Thanks to our numerous partnerships with companies and partner institutions, we facilitate broad and paid access to innovative medical diagnostic and treatment forms. In this area, we pay 90% of the invoiced costs, up to CHF 5,000 per calendar year.

Please call us at 0844 80 81 82 before going for treatment or an examination. We will advise you and put you in contact with the right people. Insured who chose an alternative insurance model for their basic insurance should first contact their family doctor or the medical advice helpline.

Further details and in-depth descriptions of the covered medical innovations and benefits can be found at helsana.ch/en/innovations

Status as at 1 September 2019. This list may change during the course of the year. Changes are expressly reserved.

Genetic analyses and advice

Helsana pays for a large number of medical genetic tests from various fields of application and provides you with a range of advisory services relating to genetic analyses:

1 Tests to prevent or delay an illness (prevention and early detection)

Cardiovascular illnesses, excess weight, food intolerances and autoimmune diseases are influenced by genetic factors or nutrition. Genetic tests help to prevent and detect these conditions at an early stage.

An overview of the currently covered genetic tests in the area of prevention and early detection, including detailed test descriptions, can be found at helsana.ch/en/prevention

2 Tests to assess the risk with respect to a possible illness (risk detection)

The risk for certain illnesses is influenced by genetic predisposition. Genetic tests help in detecting a heightened level of risk so that, where necessary, suitable countermeasures can be taken.

An overview of the currently covered genetic tests in the area of risk detection, including detailed test descriptions, can be found at helsana.ch/health-risks

3 Tests for determining a diagnosis or a suitable form of therapy (diagnosis and prognosis)

The effect of therapy is dependent on the individual genetic factors. Genetic tests help in determining the diagnosis for an illness and in selecting the right form of therapy.

An overview of the currently covered genetic tests in the area of diagnosis and prognosis, including detailed test descriptions, can be found at helsana.ch/diagnosis

4 Tests for determining suitable medications (medication tolerability)

Medications can trigger undesired side effects. Interactions can also be experienced when taking several medications. Genetic tests help to minimise these.

An overview of the currently covered genetic tests in the area of medication tolerability, including detailed test descriptions, can be found at [> **helsana.ch/the-right-medication**](https://helsana.ch/the-right-medication)

5 Advice on genetic analyses

Should you have any questions on the genetic tests paid for under PRIMEO, our independent genetics expert Dr. med. Roland Spiegel will be happy to provide you with exclusive support by offering neutral advice in connection with your personal questions and concerns. Further information is available at [> **helsana.ch/genetic-counselling**](https://helsana.ch/genetic-counselling)

Innovative examinations, self-tests and medical products

In addition to innovative medical examinations that are performed under medical supervision, Helsana also pays for select self-assessment tests and medical devices.

Should you be interested in one of the listed innovative examinations, self-tests or medical devices, please contact us by calling 058 340 48 00 and enquire about possible payment.

We will be happy to check your enquiry and guarantee assumption of the costs in the event of a positive outcome.

1. Innovative examinations

Technological advances and the opportunities provided by digitalisation can significantly improve medical care thanks to the development of ever-better and more precise examination methods.

2. Self-tests

Thank to simple self-use at home, quick tests issued by pharmacies can provide quick and reliable results and thus clarity for those affected.

3. Medical devices

Medical devices are medical technology devices and medical aids and serve to identify and treat illnesses.

Further information on the covered innovative examinations, self-tests and medical devices can be found at [> **helsana.ch/further-examination**](https://helsana.ch/further-examination)

Treatment forms

ClariVein

Endovascular treatment of varicose veins with endoluminal techniques

Canton	Place	Clinic/doctor
AG	Aarau	Hirslanden Klinik Aarau
	Aarau	Kantonsspital Aarau
	Baden	Kantonsspital Baden AG
	Baden	Dr. med. Lutz Reiher
	Seon	Dr. med. Giuseppe Coppola
	Wohlen	Dr. med. Martin Pelle
BE	Berne	Berner VenenZentrum
	Berne	Dr. med. Torsten Willenberg, Gefässzentrum Bern VASC, Lindenhofspital
	Berne	Klinik Beau-Site AG
	Bienne	DELC AG
	Thun	Spital STS AG
BL	Various	Kantonsspital Baselland
	Laufen	Dr. med. Nikolaus M. Linde
GR	Chur	Dr. med. Ulrike Käseberg
	Chur	Kantonsspital Graubünden
	Samedan	Dr. med. Nikolaus M. Linde
LU	Lucerne	Dr. med. Peter Walhausen, Venenpraxis
	Lucerne	Dr. med. Hans-Joachim Hermanns, Venenpraxis
	Lucerne	Klinik St. Anna
	Lucerne	Luzerner Kantonsspital
	Meggen	Dr. med. Lukas von Moos
SG	Altstätten	Spital Altstätten
	Grabs	Spital Grabs
	Rapperswil	Dr. med. Christian Helbling
	St. Gallen	Dr. med. Claudio Duff, Venenzentrum
	St. Gallen	Dr. med. Nikolaus M. Linde
	St. Gallen	Dr. med. Bernhard Zauner, Venenzentrum
	Walenstadt	Spital Walenstadt
	Wattwil	Dr. med. Uwe Hauswirth
SH	Schaffhausen	Klinik Belair
SZ	Lachen	Dr. med. Giuseppe Coppola

Canton	Place	Clinic/doctor
TG	Kreuzlingen	Dr. med. Uwe Lautenschlager
	Kreuzlingen	Venenklinik Bellevue
ZG	Baar	Dr. med. Andrea Braun
	Baar	Zuger Kantonsspital
ZH	Affoltern am Albis	Bezirksspital Affoltern
	Schlieren	Spital Limmattal
	Schwerzenbach	Klinik Pyramide
	Uster	Spital Uster
	Wetzikon	Dr. med. Andrea Braun
	Zurich	Dr. med. Giuseppe Coppola
	Zurich	Dr. med. Janine Dörffler-Melly
	Zurich	Dr. med. Nikolaus M. Linde
	Zurich	Dr. med. Lutz Reiher
	Zurich	Klinik Hirlanden
	Zurich	Klinik Im Park
Zurich	Klinik Pyramide am See AG	