Helsana

Link Helsana Plus to the smartphone sensor

1. Install or update the Helsana Plus app from the Apple Store or Google Play Store and start the app.



2. Go to Account and then Settings to activate the smartphone sensor.

Account Logout				
Accoui	nt S	Settings	FAQ	Leg
Link fitness tracker				
Link your personal fitness tracker and automatically earn points when you exercise.				
Smartphone sensor				
Garmin				
Google Fit				
HOME	+ COLLECT	REDEEM	% OFFERS	COUNT

3. Tap on Continue to set up the link.



4. Tap on Continue to set up the link.





6. Helsana Plus is now linked to the smartphone sensor.

