

A close-up photograph of a woman with long, wavy brown hair. She is holding a small green plant in her left hand and a single, larger green leaf in her right hand. The background is softly blurred, showing what appears to be a window or a bright indoor setting. The overall mood is natural and health-focused.

Helsana

Committed to life.

Products for complementary
medicine

Committed to your alternative treatment.

Complementary medicine




Some people swear by acupuncture.

Others are convinced of the efficacy of homeopathic treatments.

And most of us would agree that a medical massage has a positive impact on our health.

This is why our **SANA** and **COMPLETEA** supplementary healthcare insurance products are the ideal addition to your basic insurance, offering a broad range of diverse benefits and competent advice from our experts in complementary medicine.

Complementary medicine


-  Generous contribution to the costs of alternative treatment
-  Complementary medicine remedies
-  Complementary medicine advice line


Benefit provision	 	Our SANA and COMPLETEA supplementary healthcare insurance products cover up to 75% of outpatient costs for recognised complementary medical treatments and remedies provided by naturopaths or therapists recognised by the Helsana Group.
Methods		Choice of around 70 types of complementary medicine, e.g. treatment by a naturopath, osteopath or homeopath recognised by Helsana.
Prescription		Your health problems can be treated without a referral by a doctor.
Advice over the phone		Before and during your complementary medical treatment, Helsana is happy to provide you with free, competent advice over the phone. We advise you on alternative treatment methods and inform you as to what costs we cover and in which cases. Call us: 0800 100 590

About complementary medicine

- For people of all ages
- Generally, for any state of health or illness
- Complementary medicine highlights the reasons for an illness and treats people holistically
- It activates the body's self-healing powers
- Treatment methods: phytotherapy (herbal medicine), acupuncture, traditional homeopathy, medical massage, kinesiology, and many more.

Advice line Monday to Friday, 8 a.m. to 6 p.m.
(free from a landline)

 **0800 100 590**

 helsana.ch/complementary-medicine
helsana.ch/complementary-therapists
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Committed to satisfied customers.



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