

## Recognition complementary medicine

From 1 January 2025

As of 1 January 2025, we will only reimburse services provided by complementary medicine specialists with one of the following professional qualifications per certified method for the treatment methods recognised by us:

- Federal Diploma
- OdA KT certificate
- OdAARTECURA certificate and EMR registration of years of professional experience
- OdAAM certificate
- Swiss Federal Diploma of Higher Education
- Bachelor's or master's degree in osteopathy
- Naturopathic practices, EMR method no. 131
- Traditional Chinese Medicine (TCM), EMR method no. 185

For details of the treatment methods recognised by us and the costs covered, see our list of Recognised treatment methods in complementary medicine.

**[Recognised therapeutic methods in complementary medicine \(PDF, 1.12 MB\)](#)**

### **Transitional period for complementary medicine specialists already recognized**

Complementary medicine specialists already recognised by Helsana as of 31 December 2024 who do not possess any of the qualifications mentioned above will be granted a transitional period. Their recognition will remain valid for the duration of this period. Once this transitional period is over, this recognition will expire if the specialist does not have any of the qualifications stipulated.

#### **Important:**

If a gap in recognition arises during the transitional period, our terms of recognition at the time of the renewal application shall apply to the renewed recognition of the same method(s).

The duration of the transitional period is yet to be determined and will be published here once announced or at the latest 12 months before the end of the transitional period.



**[EMR-/ASCA-certified methods with a transitional period as of 1 January 2025 \(PDF, 137.09 KB\)](#)**