

# StayEngaged

## Tool for employee surveys

## 6 reasons why StayEngaged is a good idea for your company

### **Scientific basis**

The survey is based on a holistic model for health and performance and has been statistically validated.

### **Extensive and efficient**

The approximately 60 questions cover the following topics: resources at work, stressors at work, healthy management, corporate culture, individual health and sustainable performance.

### **Strengthens employees' sense of personal responsibility**

Individual feedback motivates your employees to actively promote their own health.

### **Targeted and flexible thanks to StayEngaged Plus**

With additional modules such as management or collaboration, for example, you can explore specific issues in greater depth, and also supplement individual questions according to your needs.

### **Detailed analyses for your company**

The tool enables a detailed presentation of the results and a comparison with prior-year figures, as well as a representative benchmark.

### **Sustainable success**

With recurring analyses and activities, you make a long-term commitment and contribution to health in the company.

# StayEngaged in your company

Your health manager supports and advises you in implementing StayEngaged in your company. This essentially comprises the following four steps.



## 1. Survey

Your health manager sends your company the access credentials to the survey. Employees complete the survey voluntarily and anonymously. Takes approx. 15 minutes, available in nine languages.

## 2. Results

Employees automatically receive individual feedback once they have completed the survey. Your health manager presents the survey results for your company to your executive board.



## 4. Presentation

Your health manager presents the measures that have been derived to your executive board. Together they define the next steps to improve occupational health and performance.



## 3. Measures

Based on the survey results, employees and your health manager define measures together in a joint workshop.

Appreciation, opportunities to have a say, time pressure and interruptions; these are all factors that affect the health and performance of your employees and thus also the performance of your company.

StayEngaged, the employee survey tool from Helsana Business Health, provides you with a comprehensive analysis of health and performance-related issues. Based on the results, your health manager works together with you and your employees to define key areas of action and measures to improve occupational health.

## Committed to the health of your company.

### Would you like to know more?

For more information, visit  
**[helsana.ch/en/stay-engaged](https://helsana.ch/en/stay-engaged)**

or write to us directly at  
**[stay.engaged@helsana.ch](mailto:stay.engaged@helsana.ch)**

### Helsana Group

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