

Prevention Benefits Catalogue Helsana corporate customer division

All benefits can also be booked using the Prevention Budget.

Helsana Business Health

Helsana Business Health (HBH) encompasses our consulting services on all aspects of occupational health management (OHM). We support you with the right measures for your company. You can find more information at helsana.ch/ohm.

The General Terms and Conditions of Helsana Business Health (GTC) available at helsana.ch/companies-gtc apply to the use of the benefits.

Resilience Package

The Resilience Package offers your employees the opportunity to engage with the topic of resilience and develop their own skills – independently or with guidance, always tailored to their individual needs. You can find more information at helsana.ch/resilience-package.

The Resilience Package is an offer from Helsana Services Ltd. A separate contract must be concluded to use the package.

Health4Business

Our Health4Business app promotes awareness and responsibility for users' own health in a fun way. It combines health-promoting content and preventive absence support on one platform – for employees, managers and HR specialists. More information is available at helsana.ch/en/health4business.

A separate contract must be concluded to use the package.

Contact

Our health managers will be happy to help. Simply contact them via e-mail at health.management@helsana.ch.

