Helsana Business Health
Supplementary service for companies

StayEngaged
Tool for employee surveys

Helsana
Committed to life.

6 reasons why StayEngaged is a good idea for your company

Scientific basis
The survey is based on a holistic model for health and performance and has been statistically validated.

Extensive and efficient
The survey covers the following topics: resources at work, stressors at work, management, corporate culture, individual health and sustainable performance.

Strengthens employees' sense of personal responsibility
Individual feedback with specific tips motivates your employees to actively promote their own health.

Targeted and flexible
With supplementary modules such as collaboration and resilience, for example, you can explore specific issues in greater depth and also expand individual questions according to your needs.

Detailed analyses for your company
The tool enables a detailed presentation of the results and a comparison with prior-year figures, as well as a representative benchmark.

Sustainable success
With recurring analyses and activities, you make a long-term commitment and contribution to health in the company.

For more information on StayEngaged, visit: **helsana.ch/en/stay-engaged**

StayEngaged in your company

Your health manager supports and advises you in implementing StayEngaged in your company. This essentially comprises the following four steps.



1. Survey
Your health manager sends your company the access credentials to the survey. Employees complete the survey voluntarily and anonymously. Takes approx. 15 minutes, available in nine languages.

2. Results
Employees automatically receive individual feedback once they have completed the survey. Your health manager presents the survey results for your company to your executive board.





3. Measures
Based on the survey results, employees and your health manager define measures together in a joint workshop.

4. Presentation
Your health manager presents the measures that have been derived to your executive board. Together they define the next steps to improve occupational health and performance.



Appreciation, opportunity to have a say, time pressure and interruptions; these are all factors that affect the health and performance of your employees and thus also the performance of your company.

StayEngaged, the employee survey tool from Helsana Business Health, provides you with a comprehensive analysis of health and performance-related issues. Based on the results, your health manager works together with you and your employees to define key areas of action and measures to improve occupational health.

Committed to the health of your company.

Do you have any questions?
We are be happy to help.

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Would you like to know more?
You can find further information at
helsana.ch/en/stay-engaged

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The Helsana Group comprises Helsana Insurance Company Ltd, Helsana Supplementary Insurances Ltd and Helsana Accidents Ltd.

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