

Got health-related questions?

Helsana health consultation will be happy to assist you.

Our health is our greatest asset. Whether you have questions about stress, pain, nutrition, exercise or other health topics – contact the free Helsana health consultation. You will receive in-depth information and individual tips.

Find out more about the health consultation at **helsana.ch/gbu**

The health consultation is there for you.
058 340 15 69*

Monday to Friday,
8.00 a.m. to 6.00 p.m. (local rate)

*By calling Helsana health consultation, you accept the terms of use and data protection provisions.

Data protection and independence: All information and discussions relating to the health consultation service are covered by data protection. Nobody can access this data – neither employers, managers, insurance consultants nor other parties. If you are insured with Helsana as a private individual, Helsana can only see the date of your health consultation to ensure we can provide you with the best possible care.

Helsana
Committed to life.

2507_Einzel_HBH_Aushang_A4_EN