Helsana
Committed to life.

Interns and trainees

1. **Online application, no cover letter**
   You'll be e-mailed a confirmation of receipt as soon as we've received your application.

2. **Initial selection**
   Within a maximum of ten days, you'll either receive a rejection via e-mail or an invitation to attend an asynchronous video interview.

3. **Asynchronous video interview**
   You'll have the chance to get to know us better and answer a few questions about yourself (with video and sound, at a time to suit you).

4. **Online interview via MS Teams**
   We look forward to meeting you virtually and telling you more about the vacancy.

5. **Only for trainees**
   you'll complete an online personality test ahead of your visit to our premises: we'd be happy to discuss the results of this during your trial day.

6. **Helsana trial day**
   At our site, you'll get to know the team, try out the tasks at hand and see our lovely premises.
   For trainees: completion of a mini case study.

7. **Optional: reference check**
   If you're going to be with us for nine months or longer, we'd like to hear what your current or former manager has to say about you.

8. **We say "yes"!**
   If you've won us over, we'll make you a binding, specific offer by phone.

9. **You say "yes"!**
   Once you've accepted, we'll draw up the contract. You'll receive this by post about a week later: we look forward to working with you!

10. **Your first day of work**
    Before you start, we'll tell you all the key information for your first day of work.

11. **Onboarding**
    In the first 5 weeks you will be made "fit for Helsana". With face-to-face courses, webinars and e-learning.