Helsana Business Health



Occupational health management

A supplementary insurance benefit for companies

Helsana

Committed to life.

Invest in your most important assets: your employees

Helsana Business Health (HBH) helps you to optimise structures and processes in the workplace that have an impact on your teams' health. This makes your employees more motivated, effective and resilient, while also reducing absences and staff turnover. And that can only be a good thing for your business and your employees.

All of the advantages of HBH at a glance:

Lower direct and indirect costs
Reduce (long-term) absences, loss of productivity and the need for new hires

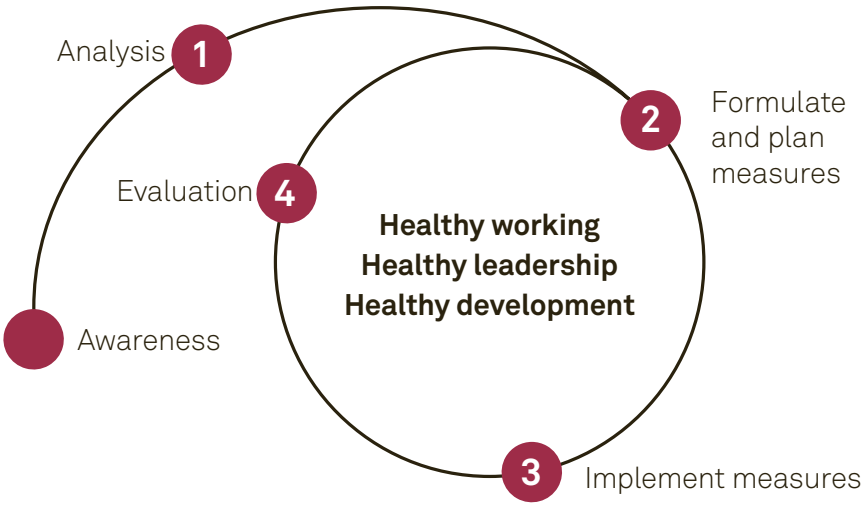
A positive image as an employer
High levels of job satisfaction and strong employee engagement thanks to low employee turnover

Motivated and productive employees
Create the best possible framework conditions and a healthy work environment

Resilient employees
Boost your employees' key skills, particularly when it comes to handling stress



Occupational health management, step by step:





With tried-and-tested workshops and useful tools, we can help you with four areas of occupational health management:

Analysis
What's the specific situation at your company? We will work together to identify areas where effective action can be taken using our analysis tools.
helsana.ch/analysis

Healthy working
Would you like to support your employees' well-being at work? Your employees will develop long-term measures in our workshops.
helsana.ch/workinghealthily

Healthy leadership
Would you like your managers to offer the best possible support to employees who are healthy, at risk or ill? Our workshops will help them develop the necessary skills.
helsana.ch/healthyleadership

Healthy development
Would you like to optimise your structures and processes relating to early detection and absence management? We can support you with our workshops.
helsana.ch/developinghealthily

Book a free, no-obligation consultation now:
helsana.ch/ohm

We are there for you.
Helsana Group
0844 80 81 88

Would you like to know more?
You can find further information at
helsana.ch/ohm

Proud to be a top-rated provider.





The Helsana Group comprises Helsana Insurance Company Ltd, Helsana Supplementary Insurances Ltd and Helsana Accidents Ltd.
Information correct at the time of going to press. Subject to change. With regard to the individual duty to provide benefits, the provisions issued by the Federal Government and the General and Additional Insurance Conditions (GIC/AIC) of the relevant insurer are binding.

HEL-00171-en-0926-0038-30309